

## BIOGRAFIJE PREDAVAČA:

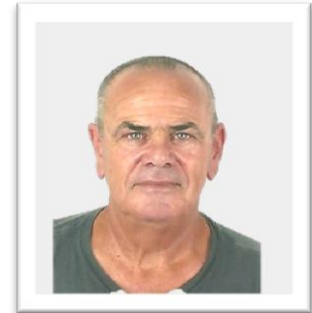
Name: Elisha Vered

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Lehavim, 85338, ISRAEL

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- Physical Therapist (graduate at Wigate Institute , ISRAEL).  
Master of education  
(Physical Education- Boston University, USA)
- Post graduate professional courses : \* Maitland's concept,  
\* Cyriax's concept,  
\* Anatomy trains –Tom Mayer's concept, \* Fascial manipulation – Stecco's  
concept, \*Manual Therapy Instructor – Tel Aviv University, \*  
Neurobiodynamic, \* Medical Exercise Therapy - Holton's concept.....  
  
-Teaching Post graduate courses: \* Specific Soft Tissue Mobilization, \*  
Examination and treatment by Combined Movements, \* Muscles Imbalance  
– evaluation and treatment.....
- Area: Sports & Orthopedic Rehabilitation.
- Senior Lecture , Head of BA studies , PT Department ,  
Faculty of Health  
Sciences, Ben-Gurion University of the Negev, Beer-Sheva, ISRAEL
- Privat Practice (His own clinic).
- PT of the Israel delegation to Underside games and Indoor  
Soccer.
- Married to Galit , father to 5 children (21-40 yeas old)) and  
grandfather to 5  
grandchildren (1- 13 years old)
- Publications:

- 1.\* **Kalichman L.** ,Vered E ,Volchek L. Relieving Symptoms of  
Neuralgia Paresthetica with Kinesio Taping Application: Pilot  
study. *Archives of Physical Medicine and Rehabilitation* 2010;  
91:1137-1139.

2. **Kalichman L.**, Vered E. Results of an on-line survey of methods used by physical therapists for the management of hand osteoarthritis: pilot study .[*Journal of Israeli Physical Therapy Association* 2011; 13(3): 3-8] in Hebrew.
3. **Elbar O.**, Tzedek I., Vered E., Shvarth G., Friger. and Melzer I. A water based training program that included perturbation exercises improve speed of voluntary stepping in older adults: a randomized controlled cross-over trail. *Archives of Gerontology and Geriatrics* 2013; Jan-Feb; 56(1):134-140
4. **Feuring R.**, Vered E., Kushnir T., Jette A. and Melzer I. A differences between self-reported and observed physical functioning in independent older adults. *Disability and rehabilitation* . 2014; 36:1395-1401.
- 5.\* Lumbroso D., Ziv E., Vered E. and **Kalichman L.** The Effect of Kinesio Tape Application on Hamstring and Gastrocnemius Muscles in Healthy Young Adults. *Journal of Bodywork and Movement Therapies*. 2014; 18(1):130-138.
6. Tali D., Menahem I., Vered E. and **Kalichman L.** Upper cervical mobility, posture and myofascial trigger points in subjects with episodic migraine .*Journal of Bodywork and Movement Therapy*. 2014; 18(4):569-575.
- 7.\* Vered E., Oved L., Zilberg D. and **Kalichman L.** Influence of kinesio tape application direction on peak force of biceps brachii muscle: a repeated measurement study .*Journal of Bodywork and Movement Therapies*. 2016; 20(1):203-207.
- 8.\* **Kalichman L.**, Frenkel-Toledo S., Vered E., Sender I., Galinka T., Alperovitch-Najenson D., Ratmansky M. and Treger I. The immediate effect of kinesio tape application on hemiplegic shoulder pain and motor impairment: a pilot study .*International Journal of Rehabilitation Research*. 2016; 39(3) 272-276.
- 9.\* **Kalichman L.**, Levin I., Bachar I. and Vered E. Short-term effects of kinesio taping on trigger points in upper trapezius and gastrocnemius muscles. *Journal of Bodywork and Movement Therapies*. 2017 in press.